

Agreement of Consent

The Centre for Optimal Living exists to make a positive contribution in the lives of people, by assisting them to express and experience more Light in their lives, which is Life in the body. Life, which is Light, is the essence of what sustains us, from the moment of conception until our last breath. Life-Force creates, recreates, adapts and allows for wellbeing and healing within us.

The Nerve System is the medium used for the transfer of vital information essential for all Human Works- from body functions to emotions, creativity, performance and spiritual expression. This "Innernet" is our link between the inner and outer world. By far, this is the most efficient, specialized, sophisticated, complex and delicate biological information highway known to humanity.

The "Innernet" consists of the brain, the spinal cord, the nerves and the dazzling array of neurotransmitters. The extensiveness of the Nerve System is such that it is impossible to determine where the brain ends and where the body begins.

A free flow in communication enhances one's ability to express, develop and experience Life fully. Wellbeing, increased performance and greater personal expression are the natural byproducts.

The hands on tonal adjustments free up Life Force, which is Light. Allowing every individual whether a newborn, an athlete, parent or even a grandparent to enjoy more Life. This deepens everyone's potential to heal biologically and at the core.

Due to greater Life Force flow, all areas of a person's Life improves. In some, physical, emotional or mental challenges may clear up quickly, in others, the process is slower, and in some, it is partial. Yet everyone will benefit, on some level, from greater Life expression.

Tonal adjustments are not a substitute, an alternative or a preventative form of medicine. The Centre for Optimal Living specializes in the expression of Life, wellness, healing and wellbeing. Conversely, Medicine specializes in the diagnosis and treatment of symptoms, sickness and disease. Our focus is on helping you Live Optimally.

When you get out of bed, you take a risk (actually there are risks in sleeping in a bed), so it is natural that there are risks associated with Adjustments just as there are risks with Yoga, Physiotherapy and Massage. The Centre for Optimal Living strives to minimize risks and acknowledges there is a greater chance of injury or death from flying in an airplane or eating a Big Mac.

Our primary goal is to release Life in the body so you may Live Optimally.

I, _____ the undersigned, have completely read and understood the above statement and choose to be served at The Centre for Optimal Living with this understanding for our family and ourselves.

Signed _____ Date _____

Witnessed _____ Date _____